



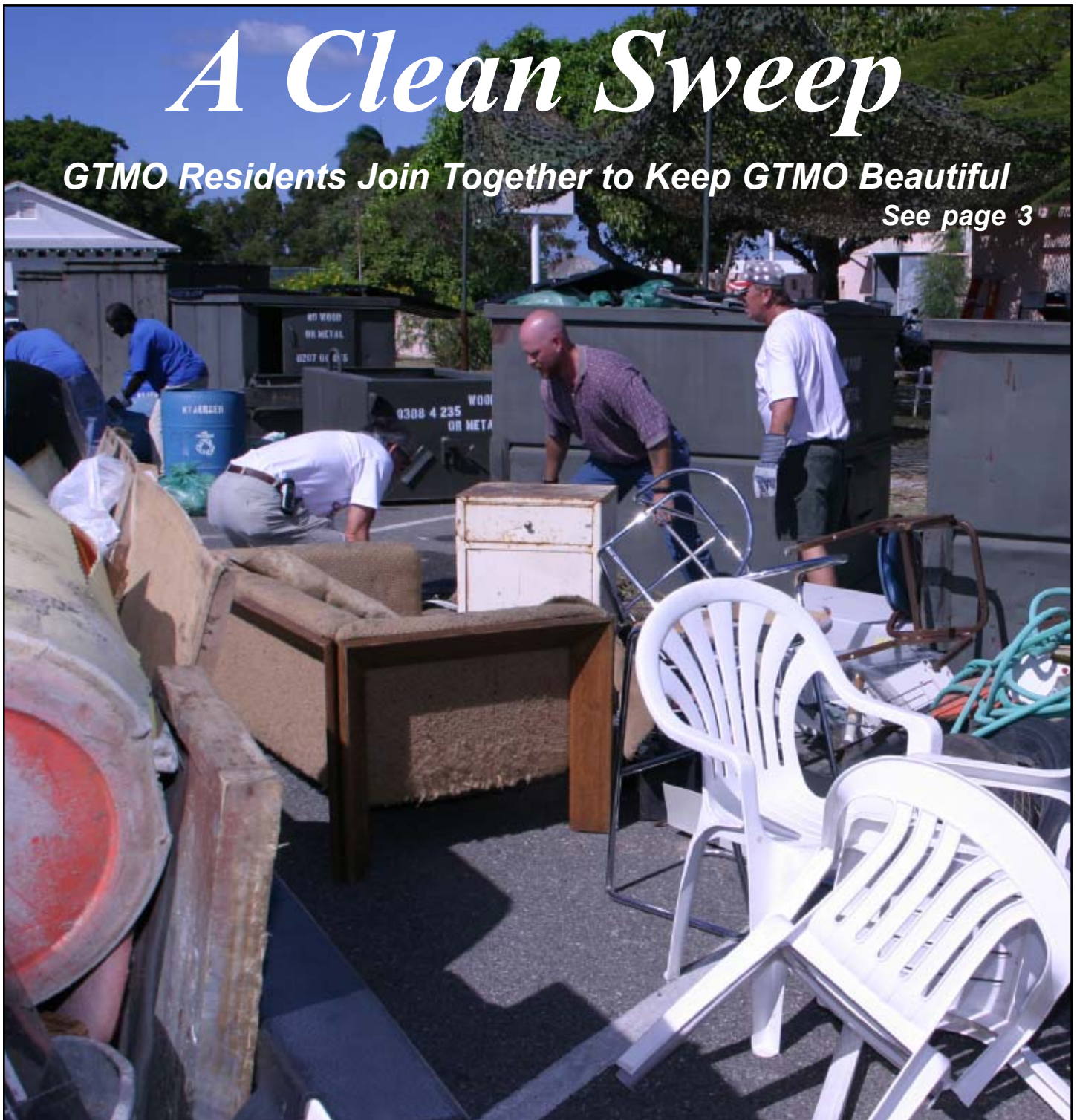
Vol. 60 No. 46

Friday, November 21, 2003

# *A Clean Sweep*

*GTMO Residents Join Together to Keep GTMO Beautiful*

*See page 3*



## NEWS BRIEFS

### Guantanamo Bay Windmill Project

The Society of American Military Engineers (S.A.M.E.), Guantanamo Bay Post, is sponsoring a presentation on the Guantanamo Bay Windmill Project by Daniel Ingold of NORESKO Corporation.

The presentation is December 3 at the Windjammer Ballroom from 11am to 12:30pm. All Members of the Guantanamo Bay Community are cordially invited to attend this event. For additional information contact Donald King at 4481 or n2031f@usnbgmto.navy.mil

### Christmas Tree Lighting Program

The OCSC is sponsoring this year's annual Christmas Tree Lighting Ceremony on Nov. 28 at 6pm.

If you have a special talent and would like to perform at this year's event, or if you and your organization would like to help make this year's program a success, contact Tammy Record at 7056.

### LCN Payment Reminder

LCN is closed Thanksgiving Day. As a friendly reminder, we want to let our customers know that the last business day to pay your November phone and internet bill is Friday, Nov. 28 from 9am to 5pm.

### Influenza Vaccine for Children

The American Academy of Pediatrics recommends that children age 6 months to 24 months and children with asthma receive the influenza vaccine each fall. Help us try to prevent hospitalization and serious infections from influenza and IMMUNIZE!

Come to the immunization room at the Primary Care Clinic on any Monday, Wednesday or Friday from 8am-noon. POC is PO Benson at 7-2036.

### OCSC Can Help Your Organization

The Officers and Civilians Spouses Club (OCSC) is accepting requests for financial assistance from community organizations.

Deadline for requests is January 15, 2004. Send written requests to: OCSC, ATTN: Community Support Committee, Box 161 or call Bobbi Johann, 4678 or Joyce Fricker, 5526.

### Childbirth Education Class

A six session childbirth education class for expecting parents with due dates between now through the end of March 2004 is being offered at the Naval Hospital. Topics of discussion include stages of labor, comfort measures, labor medications, breastfeeding, postpartum

and newborn Care. Sessions are at Naval Hospital in SEAT classroom and begin Jan. 12, 2004 at 6:30pm. Call 7-2450 or 7595 to sign up.

### Historical & Cultural Society Planning Meeting

GTMO residents interested in preserving and documenting the history of Guantanamo Bay are invited to the Historical and Cultural Society planning meeting, Thursday, Dec. 4 at 6:30pm in the CO's Conference Room in Bulkeley Hall.

Contact Terri McCoy, 3777, or JoAnn King, 2774.

### PTO Needs Volunteers

The PTO is looking for volunteers to fill board positions. Persons are needed to fill the positions of Parliamentarian, 2nd Vice President and Secretary. Call Stephanie at 7433 or Julie at 5736.

Also needed are volunteers to help with the Holiday Wonderland at the school store. Dates needed are between December 1 through the 16.

### GTMO Christmas Ornaments

The PTO is selling Christmas Ornaments at the NEX Atrium from 9am to noon on Saturday, Nov. 22nd. Christmas Ornaments are \$10. Also on sale, Botany CD's, \$10. Holiday Specials! Ornament & Cookbook - \$15 Cookbook - \$8. These two holiday specials in effect through January 9th, 2004. There are a limited amount of ornaments so be sure to get yours while you can. Once they're gone, they're gone!

### TAP Seminar at FFSC

The Fleet and Family Support Center (FFSC) is offering a Transition Assistance Program (TAP) seminar December 1 -4. The workshop is designed for those retiring or separating from the service. The seminar includes information on: personal appraisal; strategies for and effective job search; government employment; financial planning; resume writing and cover letters; employer panel and special briefings; TRICARE; veterans and social security benefits.

To sign up call the FFSC at 4141. If you have questions about this program, contact Bill Barber, Transition Assistance Manager, at 4049.

### DRMO Availability

DRMO is open December 3-13. To schedule appointments for turn in of property contact Bob Saxman at DSN 467-2233 or Commercial 321-853-2233.

**U.S. Naval Base  
Guantanamo Bay, Cuba**

# Gazette

Vol. 60 No. 46  
Friday, November 21, 2003

Commander, Naval Base  
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Chief Staff Officer  
**CDR Rick Holt**

Command Master Chief  
**CMDCM(SS) Al Steiner**

Public Affairs Officer  
**JOC Richard Evans**

Gazette Editor  
**JO1 Amy Kirk**

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**Gazette On-line:**

**www.nsgtmto.navy.mil**



# Many Hands Make Light Work

## NAVSTA personnel help give GTMO roadways a clean sweep

Twice a year as Earth Day and America Recycles Day draw near, NAVSTA personnel and other GTMO residents put on their gloves, grab a trash bag and hit the streets. It is all in an effort to keep GTMO clean and beautiful for those living here.

On behalf of the Naval Station, Public Works Environmental would like to thank everyone who participated in the Base Cleanup. Without all your help, it would not have been the success that it was.

We had 273 people actually sign in/out that day plus approximately 300 school students (both elementary and high school). We also had a few activities, because of other commitments, pick up the day before or after. Because of this combined effort by the Recycling Center staff, base activities, commands, organizations, spouses and family members, we collected approximately 16,000 pounds of litter and recyclables. **All of you did make a difference!**

Thank you again, and we look forward to seeing everyone at the next base clean up scheduled for April 23, 2004.



# 10 Ways to Keep Your Fitness Plan on Track During the Holidays

*Courtesy of ARA Content*

The average American does a little too much celebrating at this time of year. Between Thanksgiving and the New Year, most of us will gain seven pounds as a result of indulging in extra helpings, snacking on holiday treats, having an extra glass of wine and exercising less.

"This is an especially challenging time of year for those who are trying to maintain healthy habits such as working out and eating low-fat, low-calorie foods," says Jeff Zwiefel, vice president of the nutritional products division at Life Time Fitness, Inc. "We're constantly urged to have another helping, enjoy a holiday treat or skip the workout to go shopping instead. No wonder nearly everyone gains weight," he points out.

But complete deprivation is not the answer. "The holidays are meant to be enjoyed," Zwiefel says. "It's possible to balance healthy habits with enjoying special gatherings and traditions. We encourage balance and moderation in all areas of your life," he says.

Here are 10 great tips, courtesy of Zwiefel, for staying fit and eating well over the holidays.

- 1) Drink lots of water throughout the day. It suppresses the appetite and is something everyone should do year round.
- 2) Snack on fruits, vegetables and high-fiber foods whenever possible. Dried fruits are healthy and a good alternative to many sweet snacks such as cookies and candy.
- 3) Limit alcohol consumption. Remember that alcohol contains almost as many calories per gram as fat. Alternate alcoholic drinks with water or club soda while you're at a party.
- 4) Enjoy the outdoors as much as possible: bundle up and take the dog for a walk, and try skating or sledding; squeeze 10-minute walks into your schedule. Any extra activity helps.
- 5) Health and fitness centers offer a combination of cardio and resistance-training opportunities, as well as group fitness classes and personal training, that are essential to maintaining a healthy way of life. If you're thinking about joining a fitness center, fall is a great time to sign up.
- 6) Acknowledge that you're probably going to miss some workouts during this time and plan now to work around it.



Schedule different times or substitute another activity, even if it's at home.

7) Eat a nutritious meal or snack before you attend events or parties where there is a lot of food, or use a small plate to avoid overindulging. Another good tip is to leave at a reasonable hour. In addition to helping you get enough sleep during this hectic time of year, you'll also be removing yourself from the temptation to continue eating unnecessary calories.

8) For the 9 out of 10 adults who do not get the essential daily vitamins and nutrients from the food they eat, nutritional supplements should be considered.

9) Enlist the help of a family member or friend to help keep you on track with healthy habits during the holidays. Choose someone who can provide not only encouragement, but a good example as well.

10) Remember that balance, variety and moderation apply to holiday celebrations as well as to most other things in life, so don't be too hard on yourself if you slip up. Keep your good intentions, spend time with family and friends and enjoy the holidays.



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## **2003 Electric Light Holiday Parade**

*Dress up your floats as we kick off the holiday season with the annual Electric Light Parade. Commands, groups, clubs & individuals are encouraged to showoff their creativity & holiday spirit. The entire community is invited to come watch this festive occasion. The parade is Nov. 29th starting at 6pm at the LCN parking lot to the Downtown Lyceum. FMI or to enter your float, call 2345.*



***And then there were four. . .***

# ***GTMO Says Farewell to Mr. Cisneros***

Over most of the past 50 years, a core of diligent and dedicated employees has made an unusual trek to work and home again each day. These men are the “commuters” who were the only personnel passing through the Northeast Gate each working day to serve with and for the residents of the base.

Over the past few years, the group that had once numbered in the thousands in years prior to the closing of the gate, dwindled to a small stalwart group of hard-working men. That group is now reduced to four with the retirement last week of Rene Cisneros who has spent his last years on the base as an integral part of the

NEX team.

Rene made his final trip through the Northeast Gate just one week ago and is already missed by his coworkers and friends at the exchange store.

His last day at Naval Base was one of well wishes and fond farewells as a group of his friends from the base gathered in the conference room at the Northeast Gate to say goodbye.

Cake, refreshments, mementos and gifts were prominent in the informal ceremony that commemorated Mr. Cisneros’ many years of service to the base. Fair Winds and Following Seas!



*Above: A wave and a smile mark the start of a new life for Rene Cisneros.*

*Right: Before heading through the gate, Rene spent time with many of his good friends on base.*



*Above: A perfect fit and a fond remembrance.*



# Experimental Dive Unit Visits GTMO

*Submitted by ENC John Theriot*

NAVSTA GTMO recently hosted divers from the Navy Experimental Diving Unit (NEDU) in Panama City Florida. The divers teamed up with our own NAVSTA Diving locker to conduct surface supplied diving operations.

The diving involved testing a new state of the art cooling suit for use in conjunction with a dry suit. "With today's ever changing environment the need for keeping divers comfortable, especially while diving in contaminated waters, is a real concern for NAVSEA", stated Lt. Fernando Leyva of NEDU. With the closing of Naval Station Roosevelt Roads the need for a testing platform was a primary concern for the unit.

Thanks to Naval Station Guantanamo Bay, that place has been found.

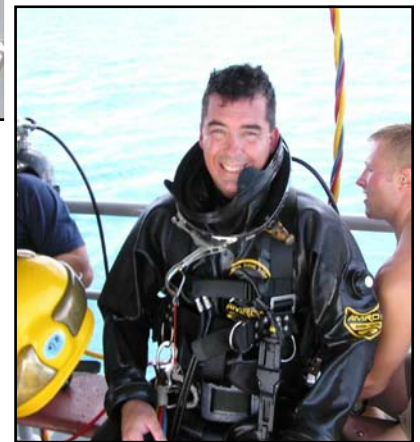
GTMO's constant water temperature and minimal thermocline make Cuba the perfect place to test these and many other types of diving equipment and devices.

NAVSTA's Dive locker is here to support the fleet, and providing operational feedback to the Navy on new and critical diving equipment is just one way of doing that.

NAVSTA GTMO and NEDU have created a new partnership that will continue to grow in the future.



*Above: ENC John Theriot, SM1 John Guillen, and MS2 William Dorman recover a MK-21 diver after a 40 minute dive to 60ft.*



*Right: The man inside the suit - EN1 John Golden on deck after he completes the first dive of the day.*



**Got questions? Get answers during the**

## **Navy Career Management Symposium**

**December 3 – 5 at Bulkeley Hall**

**Learn to make informed career decisions.**

**Workshops available include:  
Officer Career Management Briefs  
Enlisted Career Management Briefs  
Family Career Information Briefs**

**FMI contact NC1 Stead at 4488  
or HMC Siefert at 7-2102**

### **Thanksgiving & Holiday Celebrations at the Naval Station Chapel**

Thanksgiving Eve Prayer ,  
Wednesday, November 26  
7pm at Main Chapel

Thanksgiving Catholic Mass  
Thursday, November 27  
9am - Camp America  
10:30am - NAVSTA Chapel

Christmas Tree Lighting  
& Christmas Chapel Community  
and Filipino & Jamaican Worker  
Appreciation Celebration  
Monday, December 15th  
7pm - NAVSTA Chapel  
& Fellowship Hall



## ***PSD Recognizes Newest Petty Officers***

*The staff at GTMO's  
Personnel Support  
Detachment would like to  
congratulate  
PN1 Rie Angel and PN3  
Roberto Brito on their recent  
advancements.  
Congratulations on a job  
well done!*



## **Deer Point International Holiday Dinners**

***NEX Atrium***

***Friday, November 28th - 3 to 5pm.***

***All proceeds go toward restoring the  
Lighthouse Museum.***



***This event begins at 6pm on Sunday, Dec. 14th.  
The following menu's will be available: Vietnamese;  
Mexican; French Cajun; Italian; and Spanish.***

***\*A percentage of the bids will be available for junior enlisted personnel.***

### **THANKSGIVING WORSHIP SERVICE**

This Thanksgiving let your prayers and expressions of love rise toward your Heavenly Father. Join us in worship and praise of the Lord who has blessed us with so much!

**NAVSTA BASE CHAPEL  
26 NOVEMBER AT 1900**

*Just when you thought it would never cool down  
in time for the holidays . . .*

### **Agua-palooza 2003**

***Iguana Terrace - Nov 29th, 10am to 3pm***

***\$3 buys you a full day of chillin'.***

***Brought to you by the Seabee Ball Committee***

### **Support the Holiday Food Drive**

***GTMO's Brownies & Junior Girl Scouts  
are collecting donations for the***

***Holiday Food Drive at the  
NEX on Nov. 22 from 9 to 11am.***

***You can also drop off non-perishable food  
items at the Bulkeley Hall Quarterdeck,  
the Hospital Quarterdeck.***



# Scholastic Newsline

News you can use from Columbia College, City Colleges of Chicago and the Navy College Learning Center and Testing Control Officer.

## **Navy College Learning Center**

Your Navy College Learning Center is available and ready to serve you. Take free, computerized prep courses for CLEP exams, the ASVAB, SAT or ACT. We also have college prep courses available. Work at your own pace. Facilitators available to assist you in meeting your goals.

Open to: Active Duty, Reservists, Retirees, Civil Servants and their Adult Family Members. We are located in Room 11 on Chapel Hill and our hours of operations are as follows:

Monday-Thursday, 10am to 7pm

Saturday, noon to 4pm

FMI, contact Tracie Hathorn or Julie Rochford at 3997.

## **Navy College-Test Control Officer**

If you are interested in taking CLEP exams, DANTES exams, the SAT or ACT, please email CE1 James Ulfers at [ulfersjc@usnbgmto.navy.mil](mailto:ulfersjc@usnbgmto.navy.mil).

Also, Jimmy is available to do academic counseling, by appointment. Call 3996 for more information.

## **City Colleges of Chicago**

All City Colleges of Chicago students should check in with Svetlana Dell prior to the end of Term II/03-04 to discuss

SOCNAV, SOCMAR, or SOCAD agreements with City Colleges of Chicago.

Also, remember to pay all outstanding bills by the end of this term, December 6. If you have any questions, please call 3999.

## **Columbia College**

Columbia College is located on Chapel Hill (to the right of McDonald's) in the Navy College Office. Our office hours are Monday-Friday, 10am to 6pm. Please call 5555 to schedule an appointment to review your military training and college transcripts for transfer credit.

If you have a master's degree in any of the following areas, please contact Ellen Soucy at 5555 to discuss teaching options: English, math, history, science, criminal justice, psychology, sociology, or humanities. Our students need your help.

Our first session starts on Monday, January 19, 2004. A schedule will be posted in the next two weeks. Look for our schedule in the Gazette in early December.

Also, there is a **mandatory** Student Orientation on Monday, December 1. There are two sessions to choose from, as follows: 9 to 10am at Bulkeley Hall Auditorium or 5 to 6pm at Bulkeley Hall Auditorium. All interested students must attend one of these two sessions to enroll in classes next session. If you have any questions, please contact Ellen or Tammy at 5555.

**Are you ready for some football?**

## **Army vs Navy**

### **The Trilogy**

**6pm, Dec. 5th - Cooper Field**  
**Come see who wins the**  
**GTMO Cup'**

**If you want to represent your service,**  
**contact DT3 Crumedy (Navy coach), 72239,**  
**or Lt. Pittman (Army coach), 3417.**

**FMI, call DD at 2193.**



**CUB SCOUTS CAN DRIVE**

**Pack 401**

**Saturday, Nov. 22 at 9am**

**Please leave your cans and**  
**bottles by the curb.**





*Leave the cooking and cleaning to us!*

## Galley Thanksgiving Day Dinner

The Seaside, Quick Hall and Leeward Galleys invite you to come share in Thanksgiving Day feast on Thursday, Nov. 27 from 11am to 6:30pm (11am to 6pm at Leeward). The meal price is \$5.25, and servers will be on hand to serve you your favorite ice cream with toppings from the dining area. The menu includes the following:

Shrimp Cocktail, Roasted Turkey w/Giblet Gravy, Baked Virginia Ham, Prime Rib w/Au Jus, Glazed Sweet Potatoes, Snowflake Potatoes, Cornbread Dressing, Season Green Beans, O'Brien Corn, Pineapple Raisin Sauce, Natural Gravy, Chilled Cranberry Sauce, Chilled Horseradish, Smoked Salmon (on salad bar) and Parker House Rolls.

Build your own salad from our salad bar.

Desserts include: Fruit Cake, Pumpkin Pie w/ Whipped Topping, Pecan Pie, Apple Pie, Assorted Mixed Nuts & Candies and Assorted Fruit Pies a la Mode.

Beverages include: Egg Nog, Coffee, Tea, Assorted Juices & Sodas.

## Bayview Thanksgiving Dinner

Join us at the Bayview from 11am to 6pm for an all you can eat Thanksgiving Dinner. Cost is \$8.50. The following items are being served:

Roasted Turkey, Oven Baked Ham, Steam Ship Round, Mashed Potatoes, Garlic Mashed Potatoes, Sweet Potatoes, Traditional Dressings, Cornbread Dressing, Oyster Dressing, Sausage Dressing, Corn on the Cob, Glazed Carrots, Green Bean Casserole, Traditional and Giblet Gravy, Cranberry Sauce, Assorted Cakes and Pies, Fruit Ambrosia.



## Worship Services

### Catholic Mass

(Main Chapel) **Monday - Friday**  
Daily Mass (Cobre Chapel) 1130

### Wednesday

Holy Hour/Rosary 1700  
(Cobre Chapel)

### Saturday

Reconciliation 1630  
Eucharist/Mass 1730

### Sunday

Eucharist/Mass 0900  
La Santa Misa (Spanish) 1015  
Eucharistic Adoration  
(Cobre Chapel) Daily 24hrs

### Protestant Services

### Sunday

Sunday School 0930  
Services - Main Chapel 1100  
Children's Sunday School 1130

### New Life

(Main Chapel) **Sunday**  
Worship Service 1245

### Church of Jesus Christ of Latter Day Saints

(Sanctuary A)

### Sunday

Sunday Sacrament 0900

### Monday

Family Home Evening 1800

### Wednesday

Ladies Relief Society 1900

### Thursday

Young Women 1900

### Filipino Christian Fellowship

(Sanctuary A) **Sunday**  
Worship 1800

### Iglesia Ni Cristo

(Sanctuary B) **Sunday**  
Worship 2000

### Pentecostal Gospel Temple

(Room 13) **Sunday**  
Worship 0800 & 1700

### Seventh Day Adventist

(Sanctuary B) **Saturday**  
Divine Service 1100

### Islamic Service

(Classroom 18) **Friday**  
Worship 1300

### United Jamacian Fellowship

(BLDG. 1036 - Next to Phoenix Cable)  
Sunday Service 1100 & 1830

### Camp America Chapel

### Protestant Service Sunday

Seaside Galley 0900  
Wood Chapel 1900

### Wednesday

Wood Chapel 1800

### Roman Catholic

### Sunday

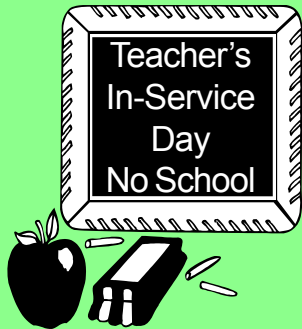
Wood Chapel 1700

**For information about Sunday School, Education Programs, Bible Study, Prayer Groups, etc. Call the Chapel at 2323.**

## School Lunch Menu

Nov. 24 - 28

- MONDAY -



- TUESDAY -

Combination Pizza,  
Carrot Sticks, Sliced  
Pineapple, Sugar  
Cookies, Milk

- WEDNESDAY -

Oven Fried Chicken,  
Mashed Potatoes,  
Tossed Salad, Orange  
Wedges, Brownie,  
Milk

- THURSDAY -



- FRIDAY -



## Have Breakfast With Santa



**November 29<sup>th</sup>**

**8 to 10 am at**

**McDonald's**

**Admission \$4/person**

Includes: pancakes, milk, juice,  
coffee, cereal, **picture with Santa**  
**on a disc**, candy canes, fruit buffet,  
balloons and much more!

Sponsored by the McDonald's & the NEX



## Happy Holiday's from the PWD Plant Nursery

*Our holiday schedule is as follows:*

*December 6 - 8:30 to 11am*

*& December 13 - 8:30 to 11am*



## Holiday Tour of Homes

Get Tickets to the HSO  
Holiday Tour of Homes

FMI, contact, Cheryl, 7338 or  
Shawna, 7741.

### Force Protection

*Always use peep-holes  
to identify everyone who  
comes to your door. All  
front doors to quarters  
here at GTMO have these  
safety devices installed.*

### Energy Conservation

*Get into the habit of  
turning off the lights  
when you leave a  
room.*

### Water Conservation

**Nov 10 - 16**

Used 7,235,000.0  
Daily avg. 1,033,571.4  
Daily goal 1,000,000 gal

We were **-\$4,465** under  
budget for the week.



# GTMO SHOPPER

## FOR SALE

(1) HP 320LX Palm Computer - \$60. call 7111 or 8-4040.

(1) ITEMS FOR SALE - Trundle bed, complete, \$50 OBO; ERNO surfboard, \$140 OBO; 26' mountain bike, \$30 OBO, two outdoor benches, \$10; dog kennel, Igloo, large, \$20 OBO. FMI, call 5745 AWH.

(1) Queen-size sleeper sofa & love seat. Fair condition, blue w/flower print - \$100 for both OBO. FMI, call 7737 AWH.

(1) Paintball tank, PMI 68cu, 3000psi tank. FMI, call 7737 AWH.

(1) Items for sale - Chest Freezer, Fish Tank, light, filter, Outdoor lounge chairs & cushions. Call 7177.

(1) TV FOR SALE - New 19" Sanyo color television \$100 obo. Original packaging, instruction manual and warranty papers included. Call 7929.

(1) Items for sale: Jukebox, asking \$150; 2 beige carpets - 11x9, and 12x12, good condition, asking \$50 each. Call 5397.

(1) Electric dryer-\$50. Call 5692.

(1) Compaq Presario 1700 Laptop Pentium III 850mhz, Microsoft XP Professional. Asking \$800. Call 7702, lv. msg.

(2) Paddle Boat, good condition. Asking \$100 OBO. Call Karen 7534.

(2) Items for sale: Kirby Steamer/Vacuum w/attachments and extra bags, \$125; Bench, \$5; Picnic Table \$5; various Ford Tempo engine parts (call for details); Outdoor lounge chair w/cushion, \$5; various DVD's (call for titles), \$10; historical GTMO photo CD, \$5. Call 7337 AWH.

(2) Pro-form 725 FP Treadmill - many features, like new. Asking \$450. FMI, call 7507 after 6pm.

(2) Computer - AMD Athlon XP 1600+ Processor, CDRW Drive, Microsoft XP Home Edition, Adobe Photoshop and Illustrator installed, mouse, keyboard - no monitor. Call 4734 (DWH) or 7702 (AWH).

(2) KHS Mountain Bike, dual suspension, shimano components, \$150. Call Gus (w) 3682 or (h) 8668.

(2) Desktop Computer - Dell GXa Pentium II - CD/ROM, monitor, keyboard, mouse, Microsoft Office, Word, Excel, Powerpoint, more - \$300. FMI, call Cesar (AWH) 7724 or (DWH) 2907

(2) Desktop Computer - Dell GX1 Pentium III - CD/ROM, monitor, keyboard, mouse, Microsoft Office, Word, Excel, Powerpoint, games, lots of MP3 songs, more - \$350. FMI, call Cesar (AWH) 7724 or (DWH) 2907

(3) L-Shaped Computer Desk, O'Sullivan, medium brown (not quite cherry wood color), 3 drawers/2 split shelves (4 storage slots). 7 months old. Asking \$175. Call 7337 AWH, 4320 DWH.

(2) Home Gym for sale - Weider 8920. Completely assembled! Purchased from NEX 1 month ago. Sale includes home gym + curling bar, dumbbells, weights and weight tree. New condition, used once. Call 7337 AWH, 2389 DWH.

(3) Ashley Furniture Loveseat. Less than one year old. Excellent condition. Sells at NEX Furniture Store for \$420.00. Yours for \$200.00 firm. Call 7633 or 5517.

(3) Formal length teal girl's gowns with matching pumps. Only worn once. \$30 each set. Call 7633.

(3) Items for sale: large oak-colored entertainment center, \$45; Large BC, \$40, Had PM done 3 months ago; Dive Knife, \$20. FMI, call 7111 or 8-4040.

(3) Indoor/Outdoor plants. FMI, call 3243.

## VEHICLES/BOATS

(1) 95 Ford Escort Wagon, 106,000 miles, air conditioning, power windows, cruise control, automatic. \$3000 obo. Call Dave 7630 (h); 4482 (w).

(1) 95 Ford Explorer, Eddie Bauer its selling as is (including stereo system). Call (h) 5672 or (w) 72940.

(1) 86' Pick-up w/AC, \$2,100 OBO. Call Rosa, 5615/5541.

(1) Yellow Mitsubishi 3000GT SL - great deal for \$3,000 under blue book. Car FAX certified has new rims, tires and high end stereo system. Call 8165 or pg 4084-2147.

(1) 1994 Toyota - Right-hand drive. 4-door; air-cond; Autotrans; power windows; power dual mirrors; power door locks; cassette/fm/am/radio. \$3,500 or OBO. FMI, call 5692

(1) Black chevy car, \$1,250. Good running condition. Call 7702, lv. msg.

(2) 1985 Chevy Sprint - reliable GTMO transportation - good gas mileage, \$800. Call 7852, lv. msg.

(2) '87 Ford Tempo. Std. Runs great. AM/FM/CD. Interior well kept. Asking \$1,800 OBO. Avail Dec 9. Call 4230/2389 DWH or 7337 AWH.

(3) 2 Waverunners: 1997 SeaDoo GTX three seater, and a 1997 Polaris SL1050. Look brand new and run great. Come with covers, 4 life jackets, double trailer with heavy duty tool box. New batteries w/ approx. 160 hours on each engine. Have original titles. \$7,200. Call/lv msg., 7511.

(3) 1985 Dodge Diplomat, 4dr, good condition, low miles, \$1,700. Call 8091.

## EMPLOYMENT

The Navy Exchange is looking for applicants to fill a Supervisory Sales Clerk position. If you would like to apply, please pick up your application on the second floor of The Navy Exchange, or call Mary Beth at 4119 FMI.

## NEX Holiday Events & Hours

**Live Christmas Trees on sale  
beginning Saturday, Nov. 22 at 9am**

**After Thanksgiving Day Sale  
Friday, Nov. 28 - 6am to 8pm; Saturday, Nov. 29 8am to 8pm and Sunday, Nov. 30 - 10am to 6pm**

**Breakfast with Santa  
Saturday, Nov. 29 0800-1000 (at McDonalds)**

**Ladies Night - Thursday, Dec. 11, 6 to 9pm**

**Kids Day Shopping - Saturday, Dec. 13, 8 to 9am**

**Mens Night - Thursday, Dec. 18, 6 to 9pm**

**Christmas Eve - Wednesday, Dec. 24, 9am to 6pm**

**Christmas Day - Thursday, Dec. 25, CLOSED**

**New Years Eve - Wednesday, Dec. 31, 9am to 8pm**

**New Years Day - Thursday, Jan. 1, 10am to 5pm**

The following are job vacancies currently open through the Human Resources Office.

**Open Continuous Vacancies**  
**Practical Nurse**, 1<sup>st</sup> cutoff 9/3/03, closes 8/20/04

For more information contact the Human Resources Office at 4441.

## SERVICES

Will do light housework and ironing. Call 43 for more information.

## WANTED

A vehicle for five or more passengers. Call Ken at 7365.

**Cardplayer** - Looking for a Bridge game. I'll join your foursome, or we can start our own. Call Ed at (h)8190 or (w)5492.

**FEMALE VOCALIST** - GTMO's Least Worst Band seeks a female vocalist who can sing a variety of musical styles. FMI, call Mike, 7111, or Ed, 7130.

## ANNOUNCEMENTS

**2003 Cuban American Friendship Day T-shirt, Sweatshirt, Hat & Cookbook Clearance Sale** - November 22 & 23 at the NEX Atrium. T's & Sweats - \$5, Hats - \$10, Cookbooks - \$10.

**Sassy Cuban Red Hats Meeting** - Tuesday, Nov. 25th, 7pm at the Bayview - Dessert and Cocktails. Please dress in your formal Red Hat Society attire. New

members welcome! FMI, call Judy, 5288.

**Baseball Players** - Anyone interested or wanting to play baseball on a regular basis, or willing to work out on the field, call Nick at 2376. Please leave a message.

## YARD SALES

Saturday, Nov. 22 - CC27B, 8am to 1pm. No early birds! Everything must go!

Saturday, Nov. 22 - NH-33B, starting at 8am. pre moving sale. No early birds!

Saturday, Nov. 22 - CC36D, 9 to 11:30am - Men's and women's clothing and more.

Sunday, Nov 23 - Deer Point 1107, PLANT SALE - big, small, potted - all must go.

Sunday, Nov 23 - Paola Point #13, starting at 7-11am. Something for everyone. No early birds please!

Sunday, Nov. 23 - CB1185, starting at 7am - Household items, clothing, etc. No early birds!

Sunday, Nov. 23 - PP15 All items \$.50, everything must go. Womens/mens clothing, boat items, kitchen items.

Sunday, Nov. 23 - CC16D, starts at 9am. Please no early birds! Clothing, Christmas items, videos, toys, kitchen items, furniture and lots more goodies. Must sale no reasonable offer refused.

## LOST & FOUND

Lost: #3 wood, metal head, Tour model. Left if on either golf course, or driving range. Anyone finding it can call 5350.

## ELF

### Comedy

1hr 37min

Starring:

Will Farrell,  
Edward Asner,  
Mary Steenburgen

After wreaking havoc in the community, a human raised at the North Pole as an elf heads to New York City to find his father. But life in the big city is not all sugarplums and candy canes as Buddy discovers his father is a "Scrooge" and his younger step-brother doesn't believe in Santa. It's up to Buddy and his simple elf ways to win over his family and save Christmas.



## MATRIX REVOLUTIONS

### Action/Sci-Fi

2hr 10min

Starring:

Keanu Reeves,  
Carrie-Anne Moss,  
Laurence Fishbourne

The final explosive chapter in The Matrix trilogy. Neo faces the consequences of a choice made in The Matrix Reloaded while the intelligent machines mass for the battle with humanity.



## THE FIGHTING TEMPTATIONS

### Comedy

2hr

Starring:

Cuba Gooding Jr.,  
Beyonce Knowles,  
Mike Epps

A struggling New York advertising executive travels to a small southern town to cash in on an inheritance, but finds he must create a gospel choir.



## DUPLEX

### Crime/Comedy

1 hr. 37 min.

Starring:

Drew Barrymore,  
Ben Stiller,  
Harvey Fierstein

Set in the competitive world of New York City real estate, a couple whose dream home is a converted duplex apartment in the perfect neighborhood, decide to kill the sweet little old lady who's currently living there, or else they'll never get to buy it.



# Movies

## FRIDAY, Nov 21

7pm Brother Bear

G 80min

9pm Duplex

PG13 89min

## SATURDAY, Nov 22

7pm ELF

PG 97min

9pm Underworld

R 121min

## SUNDAY, Nov 23

7pm Matrix Revolutions

R 130min

## MONDAY, Nov 24

7pm Once Upon A Time

In Mexico

R 97min

## TUESDAY, Nov 25

7pm Underworld

R 121min

## WEDNESDAY, Nov 26

7pm ELF

PG 97min

7pm Matrix Revolutions

R 130min

## THURSDAY, Nov 27

7pm The Fighting

Temptations

PG13 128min



## GTMO Xtreme Adventure Race

November 22

Start time 6am at the Sailing Center

Mountain Bike, Kayaking,

Cross-country run

4-person Co-ed teams

FMI call 2345

## MWR Turkey Shoot

November 22

6pm at the Bowling Center

Bowl 3 Strikes in a row

Cost \$7

FMI Call 2118

## 2003 Electric Light Holiday Parade

November 29

Commands, Groups, Clubs and Individuals are encouraged to show their creativity and holiday spirit.

Parade route is along Sherman Avenue from LCN parking lot to the Downtown Lyceum.

Enter your float by calling 2345.

## MWR Holiday "Hoops" Turkey Style 3-on-3 Roundball Classic

November 29

9am at the Main Gym

Men's and Women's Division

3 Person Teams no substitutes

Male, Female or Co-Ed Teams

Sign-up at the main gym

Winners receive 1st, 2nd & 3rd

place trophies and a

\$15 MWR gift certificate.

FMI Call 'DD' at 2193

## Craft Fair

December 6

9am Windjammer Ballroom

For more information on any of the events listed above, call 5225.